

Aimee Mattox, MS, ATC, LAT

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EDUCATION

University of Louisiana at Monroe 2014-Present

Ed.D. Curriculum and Instruction, Concentration in Health Professionals Education
(Anticipated graduation: May 2020); GPA 4.0

Dissertation: “The Effects of Knowledge Retention, Self-Confidence, and Anxiety Levels Associated with Peer Assisted Learning in a Healthcare Course”

Ohio University 2008

M.S. Recreation and Sports Science, Concentration in Athletic Training
GPA: 3.897

Research project: “Virtual Reality Improves Rehabilitation Motivation and Compliance”

University of Southern Mississippi 2007

B.S. Athletic Training
GPA: 3.875 (Summa Cum Laude)

ACADEMIC EXPERIENCE

Instructor/Clinical Education Coordinator for Athletic Training 2014-Present

Program Director for Athletic Training 2019-Present

The University of Louisiana at Lafayette – Lafayette, LA

- Clinical Education Coordinator for approximately 10 current student athletic training students. Duties include site placement for students; clinical visits and observations; clinical site assessment; student and preceptor compliance with program and CAATE standards; student and preceptor evaluations; monitor evaluations, hours, and clinical proficiencies through ATrack database; annual preceptor training; semesterly student meetings to review technical standards, program policies, Bloodborne pathogen training, and HIPAA/FERPA policies; collection of clinical site information (i.e. policies, EAPs); monitor study hall; maintain student records.
- Program Director for approximately 10 current student athletic training students. Duties include formation of a Master of Athletic Training (MSAT) program (including creating curricula/policies, Louisiana Board of Regents’ approval, and accreditation by CAATE: Commission on Accreditation of Athletic Training Education); complying with standards

created by CAATE; administrative tasks; planning, developing, implementing, delivering, documenting, and assessing all components of the curriculum; program budget; disciplinary actions; recruitment of potential students to the university and/or program; work with administrators and advisors to develop and implement an undergraduate curriculum for students interested in a MSAT; and updating the mission and vision statements of the program.

- Academic advisor to over 120 current Athletic Training, Exercise Science Pre-Professional, and Honors Kinesiology majors
- Organizational advisor to the Sports Medicine Association (SMA)
 - Assists with fundraising and volunteer efforts for club including CajunMan triathlon, Zydeco Marathon, UL Lafayette's High School Sports Medicine Student Aide Workshop.
- Assisted with the formation and implementation of a Kinesiology Learning Community for high achieving students

Adjunct Instructor

2012-2014

The University of Louisiana at Lafayette – Lafayette, LA

Sports Medicine Instructor

2010-2014

Lafayette High School – Lafayette, LA

CLASSES TAUGHT

Courses taught as Instructor at the University of Louisiana at Lafayette

- ❖ KNES 110 - Concepts of Fitness and Wellness
- ❖ KNES 111 - Skills and Techniques in Weight Training
- ❖ KNES 201 - Introduction to Athletic Training
- ❖ KNES 230 - Prevention and Treatment of Athletic Injuries
- ❖ KNES 334 - Lower Extremity Lab
- ❖ KNES 335 - Clinical Experience in Athletic Training III (focus on General Medicine and Pharmacology)
- ❖ KNES 342 - Upper Extremity Lab
- ❖ KNES 345/346 - Therapeutic Modalities and Lab
- ❖ KNES 425/426 - Reconditioning Sports Injuries and Lab
- ❖ KNES 437 - Clinical Experience in Athletic Training IV (focus on clinical anatomy, evaluation, and treatment)
- ❖ KNES 438 - Clinical Experience in Athletic Training V (focus on BOC preparation)
- ❖ KNES 443 – Exercise and Sport Psychology
- ❖ KNES 497 – Special Projects in Kinesiology
- ❖ HLTH 101 - CPR

Courses taught as Adjunct at the University of Louisiana at Lafayette

- ❖ KNES 110 - Concepts of Health and Wellness
- ❖ KNES 230 - Prevention and Treatment of Athletic Injuries
- ❖ KNES 430 - Advanced Sports Medicine

CLINICAL EXPERIENCE

PRN Athletic Trainer 2014-Present

Acadiana Physical Therapy – Lafayette, LA

- Provide coverage for soccer events, lacrosse and football games, and additional sports

Clinical Outreach Certified Athletic Trainer 2009-2014

Acadiana Physical Therapy – Lafayette, LA

- Lafayette High School (Lafayette, LA)
 - Head Athletic Trainer for all sports at Lafayette High School as well as for the 3 middle schools feeding into LHS
 - Approved Preceptor for UL Lafayette athletic training students

UNIVERSITY SERVICE

- ❖ Member of UL Lafayette's Advising Task Force 2018-present
- ❖ Member of School of Kinesiology's SWOT Action Committee 2018
- ❖ Assisting with the formation of the School of Kinesiology's Learning Community for Honors Students 2016
- ❖ School of Kinesiology Merit Committee (Head member) 2016-2018
- ❖ School of Kinesiology Instructor Hiring Committee (Head member) 2015
- ❖ Assisted with SOUL Camp group interviews 2014-present
- ❖ College of Education Coordinator for Preview Days 2014-present

PROFESSIONAL SERVICE

- ❖ HOSA – Future Health Professionals Organization: Regional Sports Medicine Judge
- ❖ Host/Instructor for Hawkgrrips courses
- ❖ Host for ACES Workshop (BOC preparation workshop) at UL Lafayette
- ❖ Hosted multiple Evidence Based CEU Presentations
- ❖ Injury data input for NATA NATION project through DATALYS CENTER
- ❖ Developed Lafayette/St Martin Parish School Board's Concussion Protocol

PROFESSIONAL CERTIFICATIONS

- ❖ Certified Athletic Trainer, NATA 2007-present
- ❖ Licensed Athletic Trainer, Louisiana Board of Medical Examiners 2009-present
- ❖ Licensed Athletic Trainer, OTPTAT Board of Ohio 2007-present
- ❖ CPRO/AED Certified 2006-present
- ❖ Hawkgrips Level 1 & 2 Certification 2018-present
- ❖ Distance Learning Certification at UL Lafayette 2018-present

PROFESSIONAL MEMBERSHIPS

- ❖ National Athletic Trainers Association
- ❖ Southeastern Athletic Trainers Association
- ❖ Louisiana Athletic Trainers Association
- ❖ Ohio Athletic Trainers Association

PRESENTATIONS

- Rehabilitation 101*** 2019
UL Lafayette's SMA High School Sports Medicine Student Aide Workshop
- Leadership Tendencies in Collegiate Students*** 2018
LSU Center for Academic Success
- Role of the Student Athletic Training Aide*** 2017
UL Lafayette's SMA High School Sports Medicine Student Aide Workshop
- Handling Difficult Situations/Students*** 2016
UL Lafayette's The Learning Center
- Rehabilitation in Athletics*** 2016 -2019
Saints Football High School Sports Medicine Symposium
- Wound Care*** 2016
UL Lafayette's SMA High School Sports Medicine Student Aide Workshop
- Spine Boarding*** 2015
UL Lafayette's SMA High School Sports Medicine Student Aide Workshop
- Lab Proctor for Joint Mobilizations*** 2015-2017

Student Southeastern Athletic Trainers Association

Lab Proctor for Core Stabilization 2015-2017

Student Southeastern Athletic Trainers Association

Lab Proctor for Emergency Care and Spine Boarding 2015-2017

Student Southeastern Athletic Trainers Association

Handling Difficult Situations/Students 2013-2014

UL Lafayette's The Learning Center

Taping Skills for Athletic Trainers 2011-2013

Lafayette High's Health Academy/AHEC Summer Program

Emergency Situations 2011

UL Lafayette's SMA Athletic Training Student High School Workshop

What is Athletic Training 2008

Newport Junior High/High School Career Fair

RESEARCH

Aldret, R., McDermott, M., Hoffpauir A., Corley, H., Mattox, A., Aldret, S., & Bellar, D. (2018). In-season Examination of Sleep Quality, Hormone Function, Strength and Affective State of Division I Volleyball Athletes. *Medicine & Science in Sports & Exercise*, 50, 259.

RESEARCH GRANTS

Co-Investigator for Grant (funded) 2016

Efficacy of Maple Water for Enhancing Human Performance during Exercise

Co-Primary Investigator for Undergraduate Research Mini-Grant (funded) 2016

Quality of Sleep as a Predictor of the Duration of Recovery from Concussion

GRANTS

Co-Primary Investigator for STEP Grant (funded) 2016

Improving Quality of Chest Compressions via Interaction with an Advanced Training Mannequin

Co-Investigator for Undergraduate Enhancement Proposal from Board 2014

of Regents

Improving National Certification Test Scores Via Improved Anatomical Interaction

SCHOLARLY ACCREDITATION WORKS

Board of Regents Letter of Intent for an Entry-Level Master's Program
for Athletic Training 2015 & 2018

Commission on Accreditation of Athletic Training Education (CAATE)
Plan of Improvement for the Athletic Training Program 2014-2017

AWARDS AND HONORS

- ❖ Outstanding Advisor Award 2016, 2018,
2019
- ❖ Who's Who in Health Sciences Higher Education 2015
- ❖ Everyday Hero Award/Acadiana Ambulance Service Award 2010